



NATIONAL WALK FOR VALUES

MEDIA RELEASE

**Saturday, 28 March - Walking for Values
Walk Events in Brisbane, Sydney,
Canberra, Melbourne, Adelaide,
Sunday, 29 March – Walking in Perth**

A National Walk for Values will take place in Brisbane, Sydney, Canberra, Melbourne, and Adelaide on Saturday 28 March 2009 and in Perth on Sunday, 29 March, 2009

These walks celebrate and draw attention to the importance of values which are inherent in our culture and in our personal lives.

"Be the change you wish to see in the world". This statement of Mahatma Gandhi is still valid today. Walking for Values is embodying that change; it helps us to be clear in our minds who we are and what it is we are living for.

Addressing the aims of the walk, Albert Barelds, National Walk Coordinator said, 'Our aim is to promote love for our country and to inspire each person to strive for its progress'.

Truth, Right Conduct, Love, Peace, and Non-violence are bedrock values that provide security in times of challenge and uncertainty, along with direction and permanence to our lives, our families, and the society we live in.

Albert Barelds also pressed the urgent need for values and the relevance of the National Walk for Values. He said,

'Our schools and colleges must incorporate the teaching of these basic values into their curricula in order to develop character in the students—an educated person who is not of good character is a danger to society.'

In each Capital City, people will come together with songs, music, bands and celebrate these human values that make our Australian way of life worthwhile. Human values advance society in all its aspects, e.g. personal, family, governance, education, work and sport. Walking for human values is walking for tolerance and unity in our nation.

Values are important to our way of life. They guide all our choices. The values of Truth, Love, Right Conduct, Peace and Non-Violence create a life worth living and their practice forms the foundation of an individual's self confidence.

The walk is non-political and non-religious, but open to all who want to walk and support the values. Registration is free.

For details on where the National Walk for Values is happening in your state, visit our website, www.nationalwalkforvalues.org Visitors to the website may also register to participate in the walk

The National Walk for Values is sponsored by the Sathya Sai Organisation of Australia & PNG. The Sathya Sai Organisation is a global spiritual movement promoting the practice of human values and providing opportunities to participate in service work and welfare activities.

Statement Ends

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